When you feel upset because of harassment...

★ Don’t keep it to yourself. Consult a harassment officer immediately.
★ If you witness harassment or if one of your friends suffers harassment, please advise the victim to talk to a harassment officer!
★ Feel free to seek advice even if you are not sure whether the behavior constitutes harassment, or even for small matters.
★ Harassment officers are committed to maintaining strict confidentiality and are on your side. Please don’t hesitate to seek their help.
★ Consultation is the first step to making things better.

Harassment officers are available at all campus locations. Please feel free to seek advice at any harassment officer whom you feel comfortable with.

★ A list of names of harassment officers is posted on the official website of Kanazawa University.

Home⇒For Students ⇒ Students Consultation ⇒ Stopping Harassment (in Japanese) http://www.adm.kanazawa-u.ac.jp/ad/jinjigosoden/sub1.html

Consultation FAQs

Seeking consultation for the first time feels uncomfortable for many people. Here are some frequently asked questions and answers related to harassment that may help ease any feelings of anxiety.

Q1. I’m not sure which person in the harassment officer list I should talk to.
A. Except for the names marked with *, you can talk to any harassment officer, regardless of which faculty you are attached to. (The harassment officers whose names are marked with * are specialists who provide professional advice within the field of their expertise and are brought in for consultation on referral.) Please call or e-mail any harassment officer you think you will feel comfortable with.

Q2. Is there any chance that my confidentiality will be breached if I seek consultation?
A. Harassment officers have a strict obligation to protect confidential information. Everything you say will be kept in the strictest confidentiality so you have no need to worry. In order to solve the problem, the harassment officers may explain the situation to relevant parties at a minimum level required with your consent. Even in such a case, confidentiality will be strictly observed.

Q3. I’m not sure if my experience constitutes harassment or not. Can I still seek advice?
A. Please seek advice if you are troubled, even if you are not sure if what happened to you would be considered harassment. Your harassment officer will work with you to improve your situation.

Q4. What are the steps involved in seeking consultation or advice from a harassment officer?
A. First, the harassment officer will meet with you in person to hear your story. If any action is to be taken, the harassment officer will confirm each proposed step with you beforehand so that the process remains under your control.

Q5. What specific actions can be taken?
A. Actions taken depend upon your specific situation and desire. Examples of actions that may be taken include providing you with advice so that you can solve the problem yourself, taking steps to improve your study or research environment in accordance with the situation, and providing instructions or warnings to the perpetrator or taking disciplinary action against him or her. Although in some cases it may not be possible to completely satisfy your wishes, your harassment officer will work with you to determine the best approach.

Q6. I’m worried that if I seek advice, the perpetrator may enact revenge.
A. As necessary, your harassment officer may interview other relevant parties, including the perpetrator, with your consent. In such case, your harassment officer will fully explain the “prohibition against retaliation” to the interviewees. Notwithstanding this explanation, if any retaliatory action is taken, such conduct itself will become a further issue and the harassment officer will take action accordingly.

If you have any other questions related to harassment consultation, please contact the Kanazawa University General Consultation Office (consult@adm.kanazawa-u.ac.jp 076-264-6154, 6160) or our harassment officers for harassment-related advice or questions about this guide.

Access the “Harassment Prevention” site of the Kanazawa University General Consultation Office here.
Academic harassment includes various forms of intimidation and harassment such as sexual harassment, alcohol-related harassment, and moral harassment, and perpetrators of harassment can be members of faculty, senior students, friends, etc.

- Emotional damage resulting from verbal abuse, slander, and ridicule
- For no justifiable reason that I could see, I was told that I would not be earning credits and would not be able to graduate or continue my studies at a higher level.
- Not included as a primary author of a submitted paper even though I did all the work, from selecting the research theme and creating the research plan to conducting the research experiments and calculations. My academic adviser only provided advice. I was excluded from co-authorship even though I made substantial contributions to the work.
- My academic adviser forced me to assist him/her with his/her research but did not give me any credit for my academic or research achievements.
- My academic adviser told me, “Do this,” without even asking me about my own interests or desire. He did not even show me the research objectives. (Male doctoral candidate)
- I was forced to conduct experiments on weekends. I was told that the time spent attending the classes and practicals needed to earn credits was a waste, and I was not able to attend them. (Female doctoral candidate)
- Abusive words were spoken about my employer repeatedly in my presence, which made me extremely upset. (Female undergraduate)
- I felt disgusted to hear the academic adviser constantly telling students, “You can’t learn,” “You are trash,” and “Just quit university.” Without providing any instructions, he says, “If your experiment fails again, you have to pay for it.” (Female graduate)
- Students with lower test scores than mine were passed for the reason that their post graduation pathway was fixed, whereas I was failed because my post graduation situation was not fixed. (Male undergraduate)
- I assisted with research and supported my academic adviser because I was told that having a broad range of experiences under my belt would open up my future prospects, but I could not decide on a research topic. As a result, I could not concentrate on one thing and had a hard time. (Female doctoral candidate)
- Despite the fact that the academic adviser had a teaching assistant, he ordered me to make his arrangements and prepare for his classes. Because of this, I could not concentrate on my studies. (Female doctoral candidate)
- I was very frequently asked to do favors regarding conventions, I was asked questions, I was told not to ask and did not receive any answers. (Female undergraduate)
- My research plan was rejected a number of times. I felt lost. When I asked for help, my academic adviser said, “You need to think harder,” which made me even more confused. When I conducted research on my own, he said to me, “Do you really have time for that?” (Male graduate)
- When I was alone with an academic adviser in the research office, questions were made about my sexual experience that made me feel uncomfortable. (Female undergraduate)
- I went to the office to ask questions, but the academic adviser told me he was busy and left apologizing. Some days later, the academic adviser scolded me, saying, “That was selfish of you to come to the office without an appointment,” and “You won’t be able to get a job if you keep behaving like that.” But when his favorite student went to the office without an appointment, he responded with a smile. (Female doctoral candidate)
- Regarding my participation on trips and at academic conventions, I was told, “You are not making progress with your research,” and “Remember that you are a graduate student. You should voluntarily refrain from such activities.” (Female doctoral candidate)
- I was very frequently asked to do favors regarding personal matters. (Male doctoral candidate)